

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025

Meet Program - Session 7 - Warmup 7.45 - 8.45

Event 311 Female 15 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims

1				—
2				—
3	Hughes, Nancy	16	Rct Squad	2:56.22
4	Richardson, Beca	15	Swansea Aq	2:53.00
5	Haddrell, Eva Lily	17	Bridgend Cty	2:53.05
6	%Lawn, Pippa SM14	15	Torfaen D	3:13.11
7				—
8				—

Heat 2 of 12 Prelims

1	Hayde, Olivia	15	Co Hereford	2:51.00
2	Cox, Isabelle	15	Co Cardiff	2:49.89
3	Grant, Lucy Margaret	15	NofioGwynedd	2:49.60
4	Davies, Darcey	16	Rct Squad	2:48.78
5	Davies-Jones, Hannah	16	Bridgend Cty	2:49.44
6	Reilly, Manon	17	Rct Squad	2:49.67
7	Sayle, Daisy	15	Conwy	2:49.90
8	Daly, Isabella	15	Bridgend Cty	2:51.44

Heat 3 of 12 Prelims

1	Williams, Cari	15	NofioGwynedd	2:48.50
2	Turner, Jasmine	16	Caradon	2:48.02
3	Knight, Lily	15	Swansea Aq	2:47.60
4	Buckley, Holly	16	Winsford	2:47.33
5	Holmes, Seren	16	Afan Valley	2:47.39
6	Morgan-Basini, Roca-Jay	15	Merthyr Tydf	2:47.80
7	Thompson, Freya	15	Pembs Cty	2:48.19
8	Mason, Phoebe	15	Pembs Cty	2:48.60

Heat 4 of 12 Prelims

1	Clissold, Bronwyn	17	Pembs Cty	2:46.61
2	Powell, Josie	15	Bridgend SC	2:46.10
3	Connolly, Juliette	15	Conwy	2:45.20
4	Richards, Faith	15	Co Cardiff	2:44.73
5	Taylor, Rebecca	15	Wrexham	2:45.00
6	Brazier, Jessica	16	Mt Kelly	2:45.80
7	Rees, Maisie	15	Rct Squad	2:46.37
8	Johnson, Poppy	16	Holywell	2:46.77

Heat 5 of 12 Prelims

1	Huws, Awen	17	Rct Squad	2:44.39
2	Ach Rhys, Esyllt	15	NofioGwynedd	2:43.16
3	Jones, Isabella	15	Bridgend Cty	2:43.10
4	%Webb, Saskia SM14	18	Pembs Cty	2:42.53
5	Davies, Ellen	16	Chirk	2:42.63
6	Williams, Cari	16	Nofio Bangor	2:43.13
7	Goddard, Amy	16	Rct Squad	2:44.04
8	Gilderdale, Celyn	17	Pembs Cty	2:44.59

Heat 6 of 12 Prelims

1	Brady, Grace	16	Rct Squad	2:41.98
2	Clissold, Elizabeth	19	Pembs Cty	2:41.70
3	Synowiec, Amelia	15	Conwy	2:41.60
4	Hellfeld, Matilda	19	Nofio Bangor	2:41.34
5	Cyster, Rowan	21	Nofio Bangor	2:41.54
6	Lidgett, Isabella	17	Co Cardiff	2:41.69
7	Parfitt, Kali	15	Torfaen D	2:41.92
8	Sullivan, Ariana	15	Torfaen D	2:42.32

Heat 7 of 12 Prelims

1	Jones, Rebecca	16	Co Coventry	2:41.20
2	Edwards, Alaw	15	NofioGwynedd	2:41.01
3	Jones, Evie	17	Merthyr Tydf	2:40.48
4	Stark, Tala	15	Pembs Cty	2:40.30
5	Roberts, Mali	15	NofioGwynedd	2:40.32
6	Devin, Erin	15	Wrexham	2:40.87
7	Kay, Isabelle	17	Rct Squad	2:41.16
8	Carr, Jenaya	18	Holywell	2:41.20

Heat 8 of 12 Prelims

1	Hughes, Mari	18	Nofio Bangor	2:39.10
2	Lewis, Orla Rose	15	Torfaen D	2:38.73
3	Parfitt, Lucy	17	Co Cardiff	2:38.45
4	Tree, Charlotte	21	Swansea Uni	2:37.96
5	Lee, Edith	15	Co Cardiff	2:38.43
6	Jones, Myia	17	Wrexham	2:38.57
7	Worthington, Emma	17	Chirk	2:38.90
8	Roberts, Isabel	15	Co Cardiff	2:39.89

Heat 9 of 12 Prelims

1	Dewsbury, Daisy	20	Swansea Uni	2:37.34
2	Field, Abigail	18	Co Hereford	2:36.92
3	Griffiths, Cerys	15	Pembs Cty	2:36.41
4	Skinner, Nia	32	ForestofDean	2:36.27
5	Hellfeld, Beatrix	18	Nofio Bangor	2:36.30
6	Gillingham, Grace	21	Nofio Bangor	2:36.50
7	Gardener, Hannah	16	Bridgend Cty	2:37.02
8	Ling, Olivia	15	Co Cardiff	2:37.80

Heat 10 of 12 Prelims

1	%Williams, Rose SM14	17	Co Cardiff	2:34.71
2	Robinson, Scarlett	17	Copeland	2:33.95
3	Salmon, Gwen	18	Rct Squad	2:31.80
4	Rathbone-Jones, Eloise	21	Co Cardiff	2:27.76
5	Evans, Gwenllian	16	Co Cardiff	2:31.20
6	Iles, Jessica	15	Co Cardiff	2:33.10
7	Ulloa, Coco	15	Wycombe Dist	2:34.32
8	Matthews, Elin	15	Co Cardiff	2:35.91

Heat 11 of 12 Prelims

1	Nichols, Grace	15	Pembs Cty	2:34.60
2	Grant, Lucy	18	Co Newport	2:33.93
3	Thomas, Serenity	15	NofioGwynedd	2:31.65
4	Dilks, Gemma	20	Tiverton	2:27.72
5	Dickinson, Jessica	20	Swansea Uni	2:30.98
6	Smith, Amelia	17	Co Cardiff	2:32.25
7	Dwyfor-Clark, Efa	16	NofioGwynedd	2:34.30
8	Marshall, Polly	20	Birm'ham Uni	2:35.30

Heat 12 of 12 Prelims

1	Davis, Bethan	20	Swansea Uni	2:34.57
2	Daniel, Megan	15	Caradon	2:33.45
3	Lythgoe, Manon	16	Swansea Aq	2:31.61
4	Gibson, Mari	17	Co Cardiff	2:25.18
5	Croke, Carys	18	Torfaen D	2:30.03
6	Hickman, Eve	20	Bridgend Cty	2:32.00
7	Roberts, Megan	18	Wrexham	2:34.24
8	Hall, Emily	15	Warrington W	2:34.80

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Event 312 Boys 15 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Prelims

1				—
2	%Hobbs, Alex S7	20	Swansea Uni/1,3,5,12+	39.13
3	Gruffydd, Ned	15	Co Cardiff	29.62
4	Smith, Herbie	15	Swansea Aq	29.54
5	Owen, Finlay	15	Buckley	29.58
6	Griffiths, Harri	15	C Dolphins	29.64
7				—
8				—

Heat 2 of 14 Prelims

1	Spinks, Rhys	15	Torfaen D	29.10
2	McGrath, Archie	15	Nofio Bangor	28.76
3	Warman-Powell, Ioan	15	Torfaen D	28.71
4	Bostock, Dyfan	15	Wrexham	28.60
5	Burton, Finnley	15	Bridgend SC	28.68
6	Gray, Gruffudd	16	Swansea Aq	28.76
7	Davies, Brynley	15	Co Newport	28.90
8	Thomas, Rhys	15	Pembs Cty	29.40

Heat 3 of 14 Prelims

1	Howe, Inigo	16	Torfaen D	28.53
2	Chauhan, Jai	16	Nofio Bangor	28.39
3	%Read, William S14	17	Swansea Aq	28.28
4	Stuart-Lavender, Jac	15	Nofio S Gar	28.20
5	Hnoianyi, Andrii	16	Swansea Aq	28.20
6	Hughes, Cai	16	Nofio Bangor	28.30
7	Gilligan, Henry	15	Rct Squad	28.47
8	Giles, Brodie	15	Bridgend Cty	28.58

Heat 4 of 14 Prelims

1	Parry, Now	16	NofioGwynedd	28.13
2	West, Dexter	16	Pembs Cty	28.10
3	Schofield, Thomas	16	Heads Valley	28.06
4	Owen, Luca	18	Holywell	27.97
5	James, Owain	17	Rct Squad	27.98
6	Davies, Tom	15	Co Newport	28.10
7	Willis, Samuel	16	Co Hereford	28.13
8	Bartram, Solomon	15	Bridgend Cty	28.16

Heat 5 of 14 Prelims

1	Davies, Lewis	16	NofioGwynedd	27.95
2	Ballantyne, Alex	16	Bridgend SC	27.93
3	Phillips, Finley	15	Nofio S Gar	27.88
4	Galbraith, Elian	16	Nofio S Gar	27.82
5	Jones, Tegid	15	NofioGwynedd	27.87
6	Phillips, Ioan	15	Neath	27.88
7	James, Rhys	16	Rct Squad	27.95
8	Song, Guangping	16	EllesmereCSA	27.96

Heat 6 of 14 Prelims

1	Jones, Sebastien	15	Torfaen D	27.69
2	Shiland-Griffiths, Enzo	15	NofioGwynedd	27.58
3	Tennant, Cale	17	Eastbourne	27.50
4	Leatherbarrow, Jack	17	Wrexham	27.43
5	Lorimer, Archie	16	Clitheroe	27.50
6	Payne, Alexander	17	Droitwich	27.50
7	Evans, Isaac	18	Co Hereford	27.68
8	Langridge, Oliver	16	Holywell	27.78

Heat 7 of 14 Prelims

1	Lloyd, Thomas	17	Rochford	27.40
2	Wilson, Aidan	16	Conwy	27.34
3	Roberts-Truman, Harri	15	Neath	27.27
4	Chapman, Coby	16	Penyrheol	27.23
5	Latham, Elliot	15	Winchester	27.27
6	Evans, Oscar	16	Co Hereford	27.31
7	Lawler, Neil	17	Monnow	27.35
8	Birdsall, Charlie	15	Co Cambridge	27.40

Heat 8 of 14 Prelims

1	Cowap, Henry	17	Caerphilly	27.20
2	Hardy, Dewi	18	Wrexham	27.19
3	Clark, Casper	16	Amersham	27.09
4	Cleary, Ethan	17	Salisbury	26.83
5	Doyle, Alfie	17	Co Newport	26.99
6	Howells, Tom	16	Newtown	27.15
7	Williams, Owen	16	NofioGwynedd	27.20
8	Davies, Blake	15	Co Cardiff	27.22

Heat 9 of 14 Prelims

1	Page, Alfie	16	Co Cambridge	26.83
2	Jones, Lloyd	22	Swansea Uni	26.77
3	Sadler, Adam	17	Salisbury	26.67
4	Cressey-Rodgers, Ioan	20	Nofio S Gar	26.54
5	Meilleur, Elliot	15	NofioGwynedd	26.55
6	Ogden, Dylan	17	Redditch	26.67
7	Miles, Harry	15	Co Cardiff	26.78
8	Meek, Emyr	28	Swansea Uni	26.83

Heat 10 of 14 Prelims

1	Winstone, Evan	19	Co Cardiff	26.51
2	Sellick, Fenn	17	Swansea Aq	26.46
3	Bebb, Lewis	18	Newtown	26.33
4	Spinks, Owen	17	Torfaen D	26.11
5	Montague, Mason	17	Pembs Cty	26.28
6	Prysor, Sami	18	EllesmereCSA	26.36
7	Hewitt, Archie	15	Torfaen D	26.48
8	Park, Reggie Samuel	15	Holywell	26.52

Heat 11 of 14 Prelims

1	Upton-Boorman, Liam	18	Nofio S Gar	26.00
2	Jasinski, Hubert	18	Co Newport	25.93
3	Holland, Tyler	17	EllesmereCSA	25.85
4	Foster, Henry	16	Redditch	25.61
5	Owen, Vinnie	17	Co Cardiff	25.70
6	Divers, Connor	18	Caerphilly	25.90
7	Twigger, Owen	16	Swansea Aq	25.98
8	Mills, Ioan	16	Torfaen D	26.09

Heat 12 of 14 Prelims

1	%Broom, Dylan S14	23	Swansea Uni	25.49
2	Jenkins, Richard	19	SurreyUni SC	25.01
3	Lennon, Danny	17	Wrexham	24.38
4	Burton, Matt	24	Swansea Uni	23.65
5	Manuilov, Peter	24	Co Cardiff	24.18
6	Lee, Ethan	19	Co Cardiff	24.55
7	Thomas, Lucas	17	NofioGwynedd	25.28
8	Wright, Ethan	23	Nofio Bangor	25.55

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Heat 13 Prelims (#312 Boys 15 & Over 50 LC Meter Freestyle)

1	Watkins, William	17	Bridgend SC	25.36	___
2	Mruk, Lucas	17	Torfaen D	24.92	___
3	James, Harley	20	Co Cardiff	24.30	___
4	Larkin, Ryan	24	Swansea Uni	23.63	___
5	Docking-Smith, Frankie	21	Swansea Uni	23.88	___
6	Sadberry, Jack	21	Swansea Uni	24.52	___
7	Pugh, Morgan	18	Torfaen D	25.26	___
8	James, Jack	18	Torfaen D	25.53	___

Heat 14 of 14 Prelims

1	Evans, Monty	18	Gloucester	25.33	___
2	Johnstone, Daniel	18	Nofio S Gar	24.60	___
3	Poole, Dexter	20	Swansea Uni	24.26	___
4	Davies, Evan	19	Co Cardiff	23.63	___
5	Greenway, Morgan	22	Swansea Uni	23.85	___
6	Edwards, Dion	18	NofioGwynedd	24.44	___
7	Bamborough, Jack	17	Co Cardiff	25.22	___
8	Minshull, Callum	21	Swansea Uni	25.50	___

Event 313 Female 15 & Over 50 LC Meter Freestyle**Includes Event 40 Swimmers**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Prelims

1					___
2					___
3	%Challis, Ellie S3	21	Conwy	55.38	___
4	Richardson, Beca	15	Swansea Aq	31.50	___
5	Grant, Lucy Margaret	15	NofioGwynedd	31.60	___
6					___
7					___
8					___

Heat 2 of 13 Prelims

1	Sayle, Daisy	15	Conwy	31.44	___
2	Daly, Isabella	15	Bridgend Cty	31.27	___
3	Cressey-Rodgers, G	15	Nofio S Gar	30.97	___
4	Williams, Cari	15	NofioGwynedd	30.81	___
5	Thompson, Freya	15	Pembs Cty	30.90	___
6	Cox, Isabelle	15	Co Cardiff	31.08	___
7	Stark, Tala	15	Pembs Cty	31.35	___
8					___

Heat 3 of 13 Prelims

1	Upton-Boorman, Isabella	15	Nofio S Gar	30.70	___
2	Watkins, Mylee	15	Neath	30.58	___
3	Edwards, Carys	15	Caerphilly	30.57	___
4	Bastyan, Ava-Rose	16	Torfaen D	30.50	___
5	Hughes-Rolls, Ava	16	Torfaen D	30.57	___
6	Swan, Lottie	16	Harrogate	30.58	___
7	Roberts, Lexi	16	Oswestry Ott	30.69	___
8	Rose, Isabelle	16	Co Leicester	30.76	___

Heat 4 of 13 Prelims

1	Thompson, Cerys	17	Nuneaton	30.31	___
2	Bastyan, Emily-Grace	16	Torfaen D	30.29	___
3	Taylor, Rebecca	15	Wrexham	30.20	___
4	Davies, Ellen	16	Chirk	30.14	___
5	Taylor-Bernard, Rose	17	Trafford Met	30.16	___
6	Synowiec, Amelia	15	Conwy	30.27	___
7	Jones, Evie	17	Merthyr Tydf	30.30	___
8	Jones, Martha	16	Conwy	30.40	___

Heat 5 of 13 Prelims

1	Richards, Faith	15	Co Cardiff	30.09	___
2	Roberts, Mali	15	NofioGwynedd	30.01	___
3	Clatworthy, Maddie	16	Bridgend SC	29.95	___
4	McNicholas, Hannah	18	Deben	29.90	___
5	Evans, Gwennan	15	Co Cardiff	29.91	___
6	McNamara, Imogen	15	Co Cardiff	29.98	___
7	Williams, Marys	16	Swansea Aq	30.06	___
8	Banks, Ella	16	Newtown	30.12	___

Heat 6 of 13 Prelims

1	Shute, Hollie	18	Caradon	29.90	___
2	Huws, Awen	17	Rct Squad	29.80	___
3	Rees, Maisie	15	Rct Squad	29.75	___
4	Hardwicke, Martha	16	Bridgend Cty	29.72	___
5	Hellfeld, Matilda	19	Nofio Bangor	29.74	___
6	Gilderdale, Celyn	17	Pembs Cty	29.80	___
7	Cyster, Rowan	21	Nofio Bangor	29.89	___
8	Johnson, Poppy	16	Holywell	29.90	___

Heat 7 of 13 Prelims

1	Blake, Emily	18	Co Cardiff	29.68	___
2	Jones, Myia	17	Wrexham	29.61	___
3	Fitzgerald, Mali	15	Bridgend Cty	29.54	___
4	Ach Rhys, Esysllt	15	NofioGwynedd	29.45	___
5	Edwards, Alaw	15	NofioGwynedd	29.52	___
6	%Williams, Rose S14	17	Co Cardiff	29.58	___
7	McDonagh, Emily	17	Bridgend Cty	29.64	___
8	Lidgett, Isabella	17	Co Cardiff	29.71	___

Heat 8 of 13 Prelims

1	Williams, Hollie	18	Nofio S Gar	29.40	___
2	Thomas, Serenity	15	NofioGwynedd	29.39	___
3	Clissold, Elizabeth	19	Pembs Cty	29.38	___
4	Devin, Erin	15	Wrexham	29.28	___
5	Hall, Emily	15	Warrington W	29.30	___
6	O'Mahoney, Kaitlin	17	Bridgend Cty	29.39	___
7	Hughes, Mari	18	Nofio Bangor	29.40	___
8	Roberts, Isabel	15	Co Cardiff	29.42	___

Heat 9 of 13 Prelims

1	Nicholls, Esther	15	Caerphilly	29.27	___
2	Avraam, Neve	17	Co Cardiff	29.25	___
3	Clissold, Bronwyn	17	Pembs Cty	29.14	___
4	Geach, Libbie	16	Neath	28.97	___
5	Keepings, Charlotte	19	Swansea Uni	29.00	___
6	Stork, Niamh	21	Co Cardiff	29.25	___
7	Davies, Rachel	20	Swansea Uni	29.26	___
8	Lewis, Lowri	19	Neath	29.28	___

Heat 10 of 13 Prelims

1	Sullivan, Ariana	15	Torfaen D	28.92	___
2	Graville, Carys	20	Co Cardiff	28.86	___
3	James, Grace	16	Bridgend Cty	28.72	___
4	Evans, Lili	18	Co Cardiff	28.70	___
5	Shute, Olivia	19	Caradon	28.70	___
6	Dewsbury, Daisy	20	Swansea Uni	28.85	___
7	King, Marley	17	Penyrheol	28.86	___
8	Ulloa, Coco	15	Wycombe Dist	28.96	___

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Heat 11 Prelims (#313 Female 15 & Over 50 LC Meter Freestyle)

1	Dacey, Mollie	17	Co Cardiff	28.47	___
2	Marshall, Ffion	15	Co Cardiff	28.14	___
3	Lush, Emily	23	Swansea Uni	27.77	___
4	Crawley, Abigail	20	Swansea Uni	26.96	___
5	Dwyfor-Clark, Efa	16	NofioGwynedd	27.55	___
6	Schumm, Libby	16	Torfaen D	27.97	___
7	Robinson, Scarlett	17	Copeland	28.35	___
8	Carter, Ava	17	Penyrheol	28.69	___

Heat 12 of 13 Prelims

1	Stokes, Aimee	21	Swansea Uni	28.40	___
2	Givvons, Imogen	15	Co Newport	28.07	___
3	Anderson, Rosalie	15	Co Cardiff	27.65	___
4	Jones, Isabella	20	Nofio S Gar	26.77	___
5	Dickinson, Jessica	20	Swansea Uni	27.43	___
6	Humphreys, Ffion	17	NofioGwynedd	27.92	___
7	Willis, Hannah	20	Swansea Uni	28.33	___
8	Worthington, Emma	17	Chirk	28.60	___

Heat 13 of 13 Prelims

1	Leggott, Holly	23	Swansea Uni	28.40	___
2	Nichols, Grace	15	Pembs Cty	28.05	___
3	Sherrard, Emme	16	Torfaen D	27.58	___
4	Broder, Libby	19	Co Cardiff	26.00	___
5	De Torres, Rebecca	21	Co Cardiff	27.01	___
6	Beynon, Annaliese	25	Co Cardiff	27.91	___
7	Morgan, Isabel	21	Co Cardiff	28.15	___
8	Evans, Sian	17	Holywell	28.48	___

Event 314 Boys 15 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 7 Prelims					
1					___
2					___
3	Yeo, Erik	15	Co Cardiff	1:27.08	___
4	Noakes, Ben	16	Bolton	1:21.90	___
5	Giles, Brodie	15	Bridgend Cty	1:22.05	___
6	Ray, Julian	15	ForestofDean	1:28.86	___
7					___
8					___

Heat 2 of 7 Prelims

1	Payne, Alexander	17	Droitwich	1:20.33	___
2	Shiland-Griffiths, Enzo	15	NofioGwynedd	1:19.39	___
3	Hall, Ethan	16	Fishguard	1:19.00	___
4	Vong, Joshua	15	Co Newport	1:18.07	___
5	Langridge, Oliver	16	Holywell	1:18.70	___
6	Warman-Powell, Ioan	15	Torfaen D	1:19.02	___
7	Willis, Samuel	16	Co Hereford	1:19.57	___
8	Martin-Young, Freddie	16	Rtw Monson	1:21.63	___

Heat 3 of 7 Prelims

1	Phillips, Ioan	15	Neath	1:17.31	___
2	Eastwood, Tate	16	Oswestry Ott	1:16.86	___
3	Lloyd, Thomas	17	Rochford	1:16.50	___
4	Miles, Harry	15	Co Cardiff	1:15.95	___
5	Bostock, Dyfan	15	Wrexham	1:16.37	___
6	Gubb, Harvey	19	Neath	1:16.50	___
7	Divers, Connor	18	Caerphilly	1:17.20	___
8	West, Dexter	16	Pembs Cty	1:17.50	___

Heat 4 of 7 Prelims

1	Hughes, Cai	16	Nofio Bangor	1:15.69	___
2	Brock, Freddy	16	Rct Squad	1:15.01	___
3	Owen, Luca	18	Holywell	1:14.50	___
4	Edwards, Ross	16	Co Cardiff	1:13.90	___
5	Evans, Oscar	16	Co Hereford	1:13.99	___
6	Thomas, Archie	15	Co Cardiff	1:14.56	___
7	Leatherbarrow, Jack	17	Wrexham	1:15.39	___
8	Bennett, Finley	16	Pembs Cty	1:15.77	___

Heat 5 of 7 Prelims

1	Twigger, Owen	16	Swansea Aq	1:13.41	___
2	Williams, Luke	17	Co Newport	1:12.27	___
3	Bamborough, Jack	17	Co Cardiff	1:10.20	___
4	Walford, Nathan	20	Swansea Uni	1:06.05	___
5	Morris, Harry	19	Newcastle St	1:08.22	___
6	Phillips, Finley	15	Nofio S Gar	1:11.78	___
7	Tennant, Cale	17	Eastbourne	1:12.45	___
8	Montague, Mason	17	Pembs Cty	1:13.90	___

Heat 6 of 7 Prelims

1	Doyle, Alfie	17	Co Newport	1:13.36	___
2	Meilleur, Elliot	15	NofioGwynedd	1:11.82	___
3	Song, Guangping	16	EllesmereCSA	1:09.97	___
4	Gallagher, Reagan	19	TauntonDeane	1:05.97	___
5	Lee, Tristan	19	Co Cardiff	1:07.90	___
6	Neaves, Jake	16	EllesmereCSA	1:11.72	___
7	Ma, Ko Kwan	16	Co Cardiff	1:12.38	___
8	Richardson, Osian	17	Swansea Aq	1:13.79	___

Heat 7 of 7 Prelims

1	Stuart-Lavender, Jac	15	Nofio S Gar	1:12.95	___
2	Bartram, Solomon	15	Bridgend Cty	1:11.81	___
3	Thomas, Lucas	17	NofioGwynedd	1:08.26	___
4	Anderson, Maxwell	20	Co Cardiff	1:05.50	___
5	Lovell-Pascal, Jean-Luc	20	Swansea Uni	1:06.42	___
6	Wright, Ethan	23	Nofio Bangor	1:10.56	___
7	Hole, Ethan	16	Co Cardiff	1:12.27	___
8	Silverstone, Solomon	16	Pembs Cty	1:13.60	___

Event 315 Female 15 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 8 Prelims					
1					___
2					___
3	%Rice, Lily SB7	21	Pembs Cty	1:45.72	___
4	Bendon, Megan	17	Cwmbran	1:36.99	___
5	%Lawn, Pippa SB14	15	Torfaen D	1:41.70	___
6					___
7					___
8					___

Heat 2 of 8 Prelims

1	%Letton-Jones, Ela SB12	19	NofioGwynedd	1:35.43	___
2	%Willis, Meghan SB9	18	Torfaen D/1,3,5	1:28.73	___
3	Holmes, Seren	16	Afan Valley	1:28.36	___
4	Morgan-Basini, Roca-Jay	15	Merthyr Tydf	1:27.50	___
5	Hayde, Olivia	15	Co Hereford	1:28.10	___
6	Connolly, Juliette	15	Conwy	1:28.40	___
7	Hughes, Nancy	16	Rct Squad	1:30.85	___
8	Ostrowski, Julia	16	Pembs Cty	1:36.30	___

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025

Meet Program - Session 7 - Warmup 7.45 - 8.45

Heat 3 Prelims (#315 Female 15 & Over 100 LC Meter Breaststroke)

1	Jones, Isabella	15	Bridgend Cty	1:26.65	___
2	Knight, Lily	15	Swansea Aq	1:26.26	___
3	Jones, Myia	17	Wrexham	1:26.20	___
4	Buckley, Holly	16	Winsford	1:25.33	___
5	Daly, Isabella	15	Bridgend Cty	1:25.79	___
6	Roberts, Isabel	15	Co Cardiff	1:26.20	___
7	Lewis, Orla Rose	15	Torfaen D	1:26.40	___
8	McNamara, Imogen	15	Co Cardiff	1:27.26	___

Heat 4 of 8 Prelims

1	Woodbine, Amelia	15	Holywell	1:24.60	___
2	Powell, Josie	15	Bridgend SC	1:24.52	___
3	Stenson, Isabella	18	Cirencester	1:23.74	___
4	Roberts, Ellie	17	Nofio Bangor	1:23.60	___
5	Faulkner, Marie	20	Co Cardiff	1:23.72	___
6	Taylor-Bernard, Rose	17	Trafford Met	1:23.97	___
7	Phillips, Emily	17	Neath	1:24.57	___
8	McNicholas, Caitlin	20	Deben	1:24.77	___

Heat 5 of 8 Prelims

1	Goddard, Amy	16	Rct Squad	1:23.38	___
2	Ling, Olivia	15	Co Cardiff	1:22.58	___
3	Johnson, Poppy	16	Holywell	1:21.90	___
4	Ulloa, Coco	15	Wycombe Dist	1:20.83	___
5	Gibbs, Harriet	17	Nofio S Gar	1:21.70	___
6	Stark, Tala	15	Pembs Cty	1:22.19	___
7	Lewis, Lowri	19	Neath	1:23.20	___
8	Price, Cerys	16	Heads Valley	1:23.47	___

Heat 6 of 8 Prelims

1	Robinson, Scarlett	17	Copeland	1:20.16	___
2	Smith, Amelia	17	Co Cardiff	1:19.70	___
3	Andrews, Joanne	15	EllesmereCSA	1:17.28	___
4	Rees, Katie	27	Swansea Uni	1:15.40	___
5	Gorman, Helen	53	Co Cardiff	1:16.60	___
6	Owen, Kessie	17	Neath	1:19.03	___
7	Lythgoe, Manon	16	Swansea Aq	1:20.06	___
8	Jones, Rebecca	16	Co Coventry	1:20.66	___

Heat 7 of 8 Prelims

1	Roberts, Megan	18	Wrexham	1:20.11	___
2	Davies, Ellen	16	Chirk	1:19.56	___
3	Winstanley, Elin	16	Co Hereford	1:16.89	___
4	Wheeler, Oriana	20	Swansea Uni	1:15.36	___
5	Williams, Cari	16	Nofio Bangor	1:16.26	___
6	Owen, Gracie	17	Torfaen D	1:17.80	___
7	Turner, Jasmine	16	Caradon	1:19.94	___
8	Gardener, Hannah	16	Bridgend Cty	1:20.61	___

Heat 8 of 8 Prelims

1	Andrews, Bella	15	Co Newport	1:20.10	___
2	Flanagan, Evelyn	15	Co Liverpool	1:19.14	___
3	Mercer, Olivia	21	Swansea Uni	1:16.68	___
4	Huellou, Claire	20	Swansea Uni	1:13.88	___
5	Bissicks, Ella	18	Swansea Uni	1:15.87	___
6	Matthews, Elin	15	Co Cardiff	1:17.30	___
7	Stoddart, Imogen	20	Co Cardiff	1:19.90	___
8	Daniel, Megan	15	Caradon	1:20.49	___

Event 316 Boys 15 & Over 1500 LC Meter Freestyle (HDW)

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1					
2	Burt, Caio	15	Nofio S Gar	19:22.20	___
3	Birdsall, Charlie	15	Co Cambridge	18:30.50	___
4	Duggan, Brandon	15	Co Cardiff	18:09.65	___
5	Parfitt, Sebastian	15	Co Cardiff	18:20.60	___
6	Giles, Brodie	15	Bridgend Cty	19:02.16	___
7	Robins, Ethan	16	Bridgend Cty	19:38.87	___
8					___

Heat 2 of 2 Finals

1	Davies, Brynley	15	Co Newport	17:57.71	___
2	Bennett, Finley	16	Pembs Cty	17:51.28	___
3	Williams, Owen	16	NofioGwynedd	17:07.20	___
4	Neaves, Archie	20	Swansea Uni	16:54.58	___
5	Keeble, Alex	21	Swansea Uni	17:03.90	___
6	Park, Reggie Samuel	15	Holywell	17:39.01	___
7	Williams, Thomas	15	Nofio S Gar	17:51.42	___
8	Reece, Liam	15	Co Newport	18:03.66	___